

Lesson Instructions

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Suitable For: All clients.

Time Frame: Anytime after the baby is born.

Lesson Objective: To help your client understand the importance of the first three years of life and how they affect a child emotionally, socially, and cognitively.

Instructions: Show the DVD *The First Years Last Forever* and complete the DVD worksheet.

*** Questions to discuss with your client are bolded and italicized.**

Homework: Give her the brochure *The First Years Last Forever* and the homework worksheet.

Supplies: DVD: *The First Years Last Forever*; Brochure: *The First Years Last Forever*

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Your client can learn why it is important to interact with their child - even when they are young.

