

DVD Worksheet Key, Page 2

Thinking Babies

It is fun to imagine what your baby might be thinking about. Give it a shot.



Babies start thinking early. Don't forget to say hi!

10. Why is the mother's voice so much easier to hear for baby and why is that important? **Because it is from the inside, not the outside. It helps the baby bond with the mother before birth and know the mother after birth.**
11. From the 26th week babies spend about **90%** of their time sleeping.
12. One of the most important reflexes a baby perfects before birth is sucking. Why is this important? **It prepares her for the task of feeding after she is born.**
13. The baby will **double** her length and **triple** her weight in the third trimester.
14. Does a mother's state of mind have an impact on the baby after birth? **Yes. What are some of the conditions extreme stress could create in a child that may go with them into adulthood? Low birth weight, anxiety and the physical problems that accompany it.**
15. Only **5%** of babies are born on their due date. Most come within **two weeks** of their due date.
16. What is the role of the hormone oxytocin? **To help mothers forget labor and bond with their babies.**
17. What is your impression of your unborn baby now that you have watched this DVD?

